



# Five Handmade Christmas Gifts THAT YOUR CHILDREN CAN HELP TO CREATE. RIGHT. NOW.



These gifts are beautiful, simple, economical and made with love. Many of the ingredients and supplies will already be found in your pantries and craft rooms. Present them to loved ones, neighbours, teachers and/or friends with little gift cards made out of old paintings. They are sure to delight and your children will truly feel the magic of creating and giving from the heart.



## Ingredients

- \* 2 cups plain flour
- \* 1 cup salt
- \* 4 tbs cream of tartar
- \* 2 1/2 large packages cinnamon (approx 40g)
- \* 2 cups boiling water (Straight from boiling kettle)
- \* gold glitter
- \* 2 tbs vegetable oil

## Let's Begin

Mix dry ingredients together (except glitter)

Add water and cook in small pot on low heat over stove, stirring constantly until the mixture becomes thick and doughy

Remove from heat and add oil and glitter and knead until smooth



# Homemade lotion in bars or jars



## Ingredients

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- \* beeswax
- \* coconut oil
- \* sweet almond oil

\* 20-30 drops of essential oil of your choice to desired strength

*\* add more coconut oil and the less beeswax for a softer lotion*



## Let's Begin

Fill a saucepan with water bring to a boil and add double boiler (I must admit I just have a very old pot I got at an Op Shop that I use exclusively for beeswax concoctions and I use this with ingredients directly on the heat of the stove instead)

Melt all ingredients (except essential oils) together until clear, stirring occasionally

Take off of the heat, let cool slightly, add essential oils and pour into silicone moulds or recycled containers

Let them cool on the counter (or the fridge or freezer if you're impatient)

*\* this is a bit hot for young children to be helping with but my children helped to make the labels for the lotion jars and loved being involved in this part of the process*





# HOMEMADE GRANOLA OR TOASTED MUESLI

## Ingredients

- 
- \* 1/2 cup shelled sunflower seeds
  - \* 1/2 cup raw cashews (chopped into pieces)
  - \* 1/2 cup slivered almonds
  - \* 7 cups of rolled oats
  - \* 1 cup unsweetened flaked coconut
  - \* 1 tbs cinnamon
  - \* 1 cup of dried fruit of your choice
  - \* mix the above in large bowl and set aside
  - \* 1/4 cup butter
  - \* 1/3 c. honey
  - \* 1/3 c. sesame oil
  - \* 1 tsp. vanilla

## Let's Begin

Heat butter, oil, and honey until butter is melted

Remove from heat and add vanilla

Pour over raw ingredients in bowl

Stir until well coated

Spread in batches on a cookie sheet and bake at 170°C (340°F) for approximately 20 minutes until golden

Let cool and add in 1 cup of dried fruit of your choice



# Festive and aromatic Pomanders for bowls or to be hung as ornaments



## Supplies

- \* mandarins or tangerines
- \* whole cloves
- \* ribbon

## Let's Begin

Poke the mandarins with the cloves and push to secure

Continue this process until you cover the entire mandarin or create designs leaving some orange skin exposed





# HANDMADE FELT BALL NECKLACE



## Supplies

- \* coloured wool for wet to dry felting
- \* dry felting needle and pad or soap and warm water
- \* embroidery thread
- \* embroidery needle



## Let's Begin

Depending on your children's ages they could wet felt small balls themselves or you can dry felt each ball for them

Once you have as many balls as you want even the youngest child can thread each ball onto a long strand of embroidery thread-help them to secure it in place with a knot on either end of the ball before they add the next one

Tie together and make sure it is long enough to come on and off of the gift recipients head with ease (My 3 1/2 year old made this for his 1 1/2 year old sister for Christmas one year)

